



ELCHK Lutheran Secondary School

Parent's Notice 25004 'Health Information and Health Service Promotion'(e-Notice)

12/9/2025

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Dear Parents/Guardians,

1. Student Health Service Provided by Department of Health

The Student Health Service is a health promotion and disease prevention programme provided for all Hong Kong students by the Department of Health. For details, please refer to the relevant notice distributed by the class teachers in mid-September. No matter if your child is going to sign up for the programme or not, s/he needs to fill in the form and submit it to the class teacher. Also, the department will provide hearing tests for all S.2 students this year.

2. Appeal to Stay Vigilant Against Respiratory Infections

The latest surveillance data from the CHP shows that the local activity of seasonal influenza has been increasing slowly since mid-July. For other respiratory pathogens, the activity of COVID-19 remains at a low level while that of respiratory syncytial virus (RSV) has been increasing gradually since June, and it is expected that RSV will remain active for some time. Overall, among the paediatric respiratory specimens received by the Hospital Authority, rhinovirus/enterovirus and RSV have relatively higher activity levels. With reference to the previous surveillance data, the CHP expected that after the start of the new school year, more outbreaks of respiratory tract infections may be reported from schools, and at the end of this year or early next year, activity of COVID-19 and seasonal influenza may increase.

To prevent respiratory infections, students / staff members should observe strict personal, hand and environmental hygiene at all times. Persons with respiratory symptoms, even if the symptoms are mild, should wear a surgical mask, refrain from work or attending classes at school, avoid going to crowded places and seek medical advice promptly. They should perform hand hygiene before wearing and after removing a mask.

Seasonal influenza vaccination (SIV) can provide protection against influenza infection, and lower the chance of serious complications and deaths brought about by infection. Parents are advised to arrange their children to receive SIV for better personal protection by participating in the SIV school outreach activities or visiting their family doctors in the new school year. Research studies have shown that SIV among children could reduce school absenteeism. Parents should note that it takes about two weeks for the body to develop a sufficient level of antibodies to protect against influenza infection after vaccination, so vaccination should be received early before the winter.

3. Seasonal Influenza Vaccine School Outreach (Free of Charge) Programme

Vaccination is one of the most effective ways to prevent seasonal influenza and its complications. In order to lower the risks of serious complications and hospitalisation from seasonal influenza infection, our school participated in the "2025/26 Seasonal Influenza Vaccine School Outreach (Free of Charge)" Programme organized by the Department of Health. Trinity Medical Center assists in providing vaccination services for students. For details, please see Attachment 1a.

4. Department of Health: The Primary Dental Co-care Pilot Scheme for Adolescents (PDCC)

The Department of Health is launching the Primary Dental Co-care Pilot Scheme for Adolescents (PDCC). PDCC guides adolescents to foster long-term relationship with private dentists or dentists of NGOs by subsidising part of the cost of dental check-up, so as to promote their life-long habit of regular dental check-ups for prevention of dental diseases. For details, please see Attachment 1b.

5. 25/26 Dental Care Sponsorship Programme for the Youth

Christian Family Service Centre Dental Service, with the generous funding of HK\$2 million from The Community Chest of Hong Kong, is implementing the "Dental Care Sponsorship Programme for the Youth" to provide free oral health education and dental treatment services to eligible secondary school students. This is to help them manage their own oral health and practice prevention, early detection, and early treatment of dental problems. For details, please see Attachment 1c.

6. **Prevention of Chikungunya Fever**

As of 6th August, 2025, there have been three imported cases of Chikungunya fever recorded in Hong Kong. Our school now calls on parents and students to remain vigilant in preventing Chikungunya fever. Students, whether locally or while traveling (especially to affected areas), should always take measures for mosquito control and personal protection. Avoiding mosquito bites and preventing mosquito breeding are effective ways to prevent Chikungunya fever. For details of prevention, please see Attachment 1d.

7. **Healthy School Briefing Session Arrangement**

To help students develop positive and drug-free attitude towards life, and enable them to enjoy healthy and fulfilling school life, the Narcotics Division (ND) and the Education Bureau (EDB) have since the 2011/12 school year promoted the "Healthy School Programme with a Drug Testing Component" (the Programme) to all schools in Hong Kong. For details, please see Attachment 1e.

Should you have any enquiries about the above issues, please contact Ms. Chak, the Head of the Healthy School Committee at 27802291.

Please submit the reply slip to the class teacher by 15/9 (Mon).

Yours faithfully,



Mr. Liang Kwun Fan
Principal



ELCHK Lutheran Secondary School

(Reply Slip) Parent's Notice 25004 'Health Information and Health Service Promotion' (e-Notice)

[Submit the Reply Slip to class teacher by 15/9]

Dear Principal,

I have read and understood the information in this notice and my replies are as follows:

1. **Student Health Service Provided by Department of Health**

- ☐ I agree for my child to participate in the Student Health Service Provided by Department of Health.
☐ I do not agree for my child to participate in the Student Health Service Provided by Department of Health.

2. **Seasonal Influenza Vaccine School Outreach (Free of Charge) Programme**

- ☐ I agree for my child to participate in the Seasonal Influenza Vaccine School Outreach (Free of Charge) Programme.
☐ I do not agree for my child to participate in the Seasonal Influenza Vaccine School Outreach (Free of Charge) Programme.

(Regardless of participation, please return the consent form)

(Please tick "✓" the appropriate box "□")

Student's Name: _____

Parent's Signature: _____

Class: _____ ()

Parent's Name: _____

Seasonal Influenza Vaccine School Outreach (Free of Charge) Programme

Trinity Medical Center assists in providing vaccination services for students.

Date of injection	21 st November 2025 (Fri)
Venue	School Hall
Time	1:00 p.m. - 4:00 p.m.

Participation forms will be distributed in mid-September. Interested parties should return the reply slip and consent form to their class teacher. Parents are advised to carefully fill in their child's personal information on the consent form. Returning the consent form is required regardless of participation.

Department of Health: The Primary Dental Co-care Pilot Scheme for Adolescents (PDCC)

1. Target Beneficiaries
 - 1.1. Adolescents aged 13 to 17 (or will turn 13 in the year of application for the Pilot Scheme)
 - 1.2. Holds a valid Hong Kong Identity Card
 - 1.3. Has joined (eHealth)
2. Eligible adolescents can receive one subsidised service per calendar year. The government provides a \$200 subsidy to the dentist for each service, while participants must pay the co-payment amount determined by their chosen dentist participating in the Pilot Scheme. The government's suggested co-payment amount for each subsidised service is \$200. The subsidised dental services under the Pilot Scheme include:
 - 2.1. Dental check-ups
 - 2.2. Oral health risk assessment
 - 2.3. Dental Scaling
 - 2.4. Personalised self-care advice on oral care
 - 2.5. Fluoride application as risk-based follow-up
 - 2.6. Check-up report

Adolescents and parents interested in participating in the Scheme can refer to the list of professional dentists on the Pilot Scheme's website, select a dentist, and contact the relevant clinic to book an appointment for the subsidised service. For details, please visit:

https://www.communitydental.gov.hk/tc/pdcc/introduction_of_pdcc.html

**25/26 Dental Care Sponsorship Programme for the Youth**

1. Target Recipients
 - 1.1. Adolescents benefiting from one of the following Hong Kong government subsidy schemes:
 - 1.1.1 Secondary School Textbook Assistance Scheme
 - 1.1.2 Secondary School Student Travel Subsidy Scheme
 - 1.1.3 Secondary School Subsidy Scheme for Student Internet Access Charges
 - 1.1.4 Students residing in Public Housing or Light Public Housing
 - 1.1.5 Comprehensive Social Security Assistance (CSSA) Scheme
2. Service Content
 - 2.1. Free oral health education
 - 2.2. Subsidised dental treatment:
 - 2.2.1 Treatment items: dental examination, scaling, filling, and extraction
 - 2.2.2 Eligible individuals can receive dental treatment items (subsidised items not exceeding a value of \$1,300)
 - 2.2.3 If the treatment items exceed the subsidised amount, the applicant is required to pay the excess amount according to the clinic's price list

Adolescents and parents interested in participating in the support programme can visit the following website and submit the application form **themselves**:

<https://health.cfsc.org.hk/dentalcaresponsorshipprogrammefortheyouth>



Prevention of Chikungunya Fever

1. CF is transmitted to humans through the bites of infective female Aedes mosquitoes. Patients may experience fever and debilitating joint pain. Other common signs and symptoms include muscle pain, headache, nausea, fatigue and rash. Symptoms usually last for a few days, while in some cases joint pain may persist for several months, or even years. Severe symptoms and deaths from CF are rare and usually related to other coexisting health problems. Most patients recover fully. Occasionally, CF can result in severe complications of the eye, heart and nerves. Newborns, the elderly, and persons with underlying medical conditions are at higher risk for severe disease.
2. Our school is taking the following measures to strengthen work to prevent water accumulation and eliminate mosquito breeding sites, in order to prevent Chikungunya fever:
 - 2.1. Thoroughly check all gully traps, roof gutters, surface channels and drains to prevent blockage;
 - 2.2. Scrub and clean drains and surface channels with an alkaline detergent compound at least once a week to remove any deposited mosquito eggs;
 - 2.3. Properly dispose of refuse, such as soft drink cans, empty bottles and 2 - 3 boxes, in covered litter containers;
 - 2.4. Completely change the water of flowers and plants at least once a week. The use of saucers should be avoided if possible;
 - 2.5. Level irregular ground surfaces before the rainy season; and
 - 2.6. Avoid staying in shrubby areas.
3. Parents and students are also advised to take personal protective measures such as wearing light-coloured long-sleeved clothes and trousers and apply insect repellent containing DEET to clothing or uncovered areas of the body when doing outdoor activities. Staff/ Parents and students who return from affected areas should apply insect repellent for at least 14 days after arrival to prevent mosquito bites. If feeling unwell e.g. having a fever, the person should seek medical advice promptly, and provide travel details to the doctor. Members of the public are urged not to self-medicate, particularly with aspirin or non-steroidal anti-inflammatory drugs (such as ibuprofen), as these drugs may cause serious side effects, for example increasing the risk of haemorrhage.

Healthy School Briefing Session Arrangement

1. "Healthy School Programme with a Drug Testing Component" (the Programme) is a school-based anti-drug education initiative, aiming at enhancing the physical and mental health and well-being of students and fostering their resolve to refuse drugs through participating in diversified personal growth activities and voluntary school drug testing, thereby promoting the cultivation of healthy and drug-free school culture.
2. Our school has been participating in this Programme since 2023/24, hoping to create opportunities for students to promote their physical and mental development, learn to say no to drugs, and build a positive attitude towards life. Our school now invites all parents to watch the following short video to learn more about the content of the "Healthy School Programme with a Drug Testing Component".

Video Link :

https://drive.google.com/file/d/10rdMndP8HX1wlgBBMgJpWSKTn6gONnJm/view?usp=drive_link

