



ELCHK Lutheran Secondary School

Parent's Notice 25014 "Jockey Club Parallel Hearts Project" Effectiveness Evaluation 1'

26/9/2025

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Dear Parents/Guardians,

"Jockey Club Parallel Hearts Project" Effectiveness Evaluation 1 (Applicable to S.1 to S.3)

Secondary 1 to 3 students will participate in the "Jockey Club Parallel Hearts Project" Effectiveness Evaluation 1 on 2nd October (Thu) from 3:45 p.m. to 4:15 p.m. Students will complete a 30-minute online questionnaire, led by their class teachers. Students are advised to prepare an internet-enabled device, such as a mobile phone. For those who are unable to bring their own electronic devices, a small number of tablets will be available on site. For details, please see Attachment 1.

Should you have any enquiries, please contact Mr. Loi, the Head of the Counselling Committee at 27802291.

Please submit the reply slip to the class teacher by 29/9 (Mon).

Yours faithfully,

Mr. Liang Kwun Fan
Principal



ELCHK Lutheran Secondary School

(Reply Slip) Parent's Notice 25014 "Jockey Club Parallel Hearts Project" Effectiveness Evaluation 1'

[Submit the Reply Slip to class teacher by 29/9]

Dear Principal,

I have read and understood the information in this notice and my replies are as follows:

"Jockey Club Parallel Hearts Project" Effectiveness Evaluation 1 (Applicable to S.1 to S.3)

- ☐ I agree for my child to participate in the "Jockey Club Parallel Hearts Project" Effectiveness Evaluation 1 to be held on 2nd October (Thu).
- ☐ I do not agree for my child to participate in the "Jockey Club Parallel Hearts Project" Effectiveness Evaluation 1.
(Please put a "✓" in the appropriate box)

Student's Name: _____

Parent's Signature: _____

Class: _____ ()

Parent's Name: _____

Assessment on JC LevelMind@School **Parents/guardians notifications (Questionnaire)**

To whom this may concern:

Our school is currently participating in the “JC LevelMind@School” initiated by the Jockey Club Charities Trust, which aims to improve the mental health of secondary school students in Hong Kong. To assess the effectiveness of this initiative in enhancing adolescent mental well-being, we sincerely invite your child to take part in the evaluation survey of the “JC LevelMind@School”. This survey is a rigorous, professional, and representative scientific study that will greatly contribute to the improvement, promotion, and strategic development of mental health programs for youth in Hong Kong. We kindly seek the support of both parents and students in this meaningful endeavor.

Assessment on JC LevelMind@School	
Target	F.1 – F.3 (academic year 2025-2026)/F.2 – F.4 (academic year 2026-2027)
Timeline	Academic year 2025-2027
Format	<ul style="list-style-type: none"> Students will complete two questionnaire per academic year (a total of two academic years) The school will arrange classrooms for questionnaire completion during class time Approx.30 minutes Questionnaires will be collected with assistance from staff members of our Centre; students will complete them independently during a session without school staff present
Content	<ul style="list-style-type: none"> To enhance the school’s understanding and awareness of adolescent mental health To examine the effectiveness of the activities
Organization	<ul style="list-style-type: none"> Jockey Club School of Public Health and Primary Care, The Chinese University of Hong Kong
Team	<ul style="list-style-type: none"> Centre for Health Behaviours Research

This survey poses no risk to participants, and participation is entirely voluntary. All information provided by participants will be kept strictly confidential and used solely by the project team at The Chinese University of Hong Kong for analysis purposes. All data will be destroyed five years after the conclusion of the project.

We sincerely hope your child will actively participate in this survey. If you or your child do not wish to take part, please inform the school staff in writing. This decision will not affect your child’s opportunities to participate in any learning or school activities. Your child will not be charged for participating in this activity, nor will they receive any material rewards, including monetary compensation.

Should you have any questions regarding this survey, please contact Professor Phoenix Mo, Director of the Centre for Health Behaviours Research at the Jockey Club School of Public Health and Primary Care, The Chinese University of Hong Kong, or the Centre’s staff (Email: chbr@cuhk.edu.hk; Tel: 2647 5628). If you have any inquiries regarding the rights of participants in this project, please contact the Survey and Behavioural Research Ethics Committee (SBREC) at fssc02@cuhk.edu.hk for questions about your rights.